

The negativity of positive insistence:

A new age movement ushered in a pendulum swing to the extreme positive side of spirituality. Theories suggested, and even dictated, that all things be positive no matter what because God is light and only light is spiritual.

New age thinking also suggests that if you want something bad enough, you need only create it in your mind and it's yours. You can manifest anything you want. Yet it doesn't seem to work. Why not? Because no amount of wishful thinking can override karma or psychological issues. Just because you want to be rich, doesn't mean you will be. It may be part of your path, or energy dynamic, to be homeless. Being rich carries some karma with it too that you may not want if you really understand it. Energy dynamics are different for everybody. One person can be super rich and have little effect on karma, while another can be rich and have to work that energy out over many lifetimes. How that plays out is about energies created within the psyche of the person involved and what destiny may be involved.

I've had people ask me "Why can't I make any money?" There are different answers for different people. For example, one person may not make money because they are stuck in childhood patterns. Another person may not make money because of their karmic core beliefs and they need to change their thinking around money. Still another person may not make money because it's in their destiny path not to. They aren't here for that this time. And yet another person may not make money because they simply don't know how to follow the right path for it.

I've seen many new age thinkers say things like "You can do it. Just affirm to yourself everyday that you deserve it and it's yours, or my personal favorite, be in the light and see only light. All the money you want is waiting for you there." Enough all ready. The fact is that if you have a karmic or psychological block to making money, you are not going to make any. Period. If you have low self-esteem, you will not allow yourself to receive money unless you see it as a need. You cannot use the words "I deserve" because in your mind, you don't deserve anything. So being light and positive does not take care of the problem. No matter how much you think it does.

Negative energies are a reality in this binary energy system and as such are just as spiritual as positive energies. Having low self-esteem is purposeful for those who have it. That issue must be worked through before receiving positive energies will be allowed. You can't gloss that over with pure positivity. The pattern must be worked out in the psyche. That is why you are here, to work through energies. You are not here to have a big house in the suburbs. You may have one, but that is not your purpose. The Universe / God will not allow you to get what you want in place of getting what you need for your purpose. Negative dynamics are a necessary tool for your work.

You don't raise children with purely positive dynamics or purely negative dynamics. You implement discipline and reward to promote certain behaviors. The Universe does the same with you. Embrace negative attributes and work with them to make you stronger, smarter and clearer than you were before. Being positive will not get you out of doing your inner work.

Now Age thinking embraces both ends of the energy spectrum with a positive attitude and understanding of purpose. The irony is that negative energies are ultimately positive, but you must embrace them first. Pushing negative energies away at the onset will backfire. And likewise, insistence on positivity creates negativity because it forces the pendulum to swing seeking balance. Embrace the negative with a positive attitude and you get positive. If you choose to see negative as negative, then it is. Eliminating negative processes will not work. Embracing them as positive spiritual processes does work.