

Relationship Transitions

I've noticed a huge trend in relationships lately as I've worked with clients . People are really moving around in relationships, changing partners or choosing to remain alone. In the March issue of New Spirit Journal, I wrote an article called "What is love?" In that article I talked about love from the perspective of fear. I said that what most people call love is actually a mutually agreed upon soothing of fear. I may not have said it just like that, but to be succinct, that's what I meant.

Now as we move into a new energy system on our planet and therefore within our psyches, many are changing their perspective of love. What I'm hearing from people is "my partner just doesn't have a sense of spirituality like I do". What I used to hear from people is "I want someone who makes me laugh, who can bring in a decent income, who can be a good parent etc." Now I'm hearing statements like, "I walked away from everything that mattered to me so I can be with my new priorities."

You may give up a nice house, a business, fancy cars and so forth, but you gain your sense of connection to spirit, whether through being alone or being with a new love who reflects your same values. You just want to be happy and that may or may not include some of the old values such as a big house and big screen TV's.

I think this trend is a huge statement about what love really is; An individuation of self from other while remaining connected to other to the greatest and highest good of all. Love based in fear takes energy from other while real love is based in giving, allowing and letting go.

I know someone close to me who is going through a relationship transition. She is married to a wonderful man, has two great kids and has been happy for the most part. After meeting a soul level partner, she has come to realize that she's really in love and wants to be with the new love exclusively. For her, the doubt and fear of changing her entire life and affecting the lives of several that she loves is in conflict with what her heart and intuition tell her. She is a very spiritual person and knows that Spirit speaks to her through her heart and to follow her heart is essential for the happiness of everyone. She also understands that Spirit has a plan for her husband too. She is scared and even at times terrified of the choices before her, but she knows that in the end, she will do what is

best for herself because that is the only way to ensure that the best is done for everyone else too.

As you face new choices, please know that Spirit talks to you through your heart. Any decision you make based on a fear of losing something or hurting someone will, in the end, cause more pain and anger than if you had followed your heart in the first place. Love is love. In our new energy system, there is no room for fear. Fear will not be allowed to play a part in our world much longer. Love does not live in your head with rational thought.

Rational thought has its place too, but when it comes to deciding how to spend your life force energies, please listen to Spirit, your heart. If you stay with someone out of fear of hurting them or fear of losing material possessions, you are spending your life force energy in a wasteful way and you will feel drained and can become ill. Not to mention that after all you went through to make your choice, if it's fear based, the choice will be presented again and again until you choose differently. That is a universal law.

Relationship transitions are not easy, but they may be necessary for the continued spiritual evolution of our times. It might be that the person you are with can't awaken to their spiritual purpose as long as they are with you. You don't have the right to stand in the way of others growth nor your own by assuming that you know enough of Spirit's plan to make a choice on other's behalf. The only way you can serve Spirit is to serve your own heart because you simply don't know enough of the plan to stand in the way of that plan.

You will know what is right for you and everyone around you if you listen to your own heart. Take care of you and Spirit will take care of the rest. You can trust that.

Tag: Boston Carter is a Karma Specialist, Medical Intuitive and General Psychic. She offers personal readings and karma clearing classes. She can be reached at 206-799-6153. NowAgeKnowledg.com. Nowageknowledge@gmail.com.